

Dr Alex Goody
Consultant Clinical Neuropsychologist,
Chartered Clinical Psychologist,
Practitioner Psychologist

Academic Qualifications

BSc (Hons) Psychology

MSc Clinical Psychology

DPsy Clinical Psychology

PG Certificate in Cognitive and Behavioural Therapy

Professional Qualifications & Memberships

Health Professions Council Registered Practitioner Psychologist (Membership Number PYL06469)

Full Practitioner Member of the Division of Neuropsychology, British Psychological Society (BPS)

Full Member of the Division of Clinical Psychology (BPS)

Member of the Specialist Register in Clinical Neuropsychology (BPS)

Supervisor for the Qualification in Clinical Neuropsychology

Independent Practice:

- 1993 - Present:

Independent Expert Witness

Areas of Expertise:

Dr Goody specialises in the assessment of adults who have suffered from neurological injury or illness in the context of Personal Injury Claims, Forensic Issues, and Family Proceedings.

Dr Goody regularly takes instructions from solicitors, case management companies, and insurance companies. She has experience of working with translators.

Dr Goody has extensive experience of assessing the cognitive, behavioural and emotional impact of neurological injury and illness using objective psychometric tools, clinical interview and review of medical history. She is experienced in giving expert opinion of the likely vocational and social impact of such injuries/illnesses and recommendations in relation to appropriate rehabilitation.

Dr Goody has appeared in court to give oral evidence on three occasions.

Instructions Include: (please note, this list is not exhaustive)

Personal Injury:

- Neuropsychological consequences and predicted outcome following traumatic brain injury
- Rehabilitation potential
- Mental capacity
- Behavioural Issues
- Parenting ability following traumatic brain injury
- Affective conditions (e.g. depression, PTSD, anxiety disorders etc.)

Forensic:

- Cognitive Functioning
- Vulnerability

Areas of Special Interest:

The neuropsychological consequences of neuropsychiatric disease/ disorders.

Sleep disorders after brain injury.

Therapeutic work with families in conjunction with clients who have sustained a brain injury. Dr Goody developed a self help booklet at the request of Headway, dealing with 'Parenting after Brain Injury', published in 2008.

Employment History

2005– Present:

***Walkergate Park, Centre for
Neurological Rehabilitation and
Neuropsychiatry, Newcastle
upon Tyne***

Consultant Clinical Neuropsychologist and from 2009, Professional Lead Neuropsychology Services

Dr Goody's Responsibilities include:

- Providing clinical leadership and supervision to team of four qualified clinical psychologists and two assistant psychologists.
- Leading on neuropsychology service provision across four in patient wards and the regional outpatient services.
- Leading on neuropsychology service developments for Walkergate Park.
- Leading on developing neuropsychology research strategy for Walkergate Park.
- Providing direct clinical sessions to outpatient Regional Neuropsychiatry Service:
 - Provision of expert witness reports.

- Provision of reports detailing rehabilitation potential
- Psychological assessment and psychotherapy to individuals, couples and families with mental health problems following neurological injury/illness
- Adapting cognitive behavioural therapy to suit the cognitive strengths and weakness of clients
- Rehabilitation of cognitive difficulties using compensatory strategies and cognitive retraining
- Application of technology to help overcome cognitive and behavioural difficulties
- Development and implementation of positive behaviour programmes to manage challenging behaviour
- Working with assistant psychologists to implement rehabilitation programmes

1994 – 2005:

Northumberland Head Injuries service, Northgate Hospital.

Consultant Clinical Neuropsychologist

Dr Goody's Duties Included:

- Providing specialist assessment of complex cognitive, behavioural and emotional difficulties to patients following traumatic head injury.
- Developing programmes for cognitive rehabilitation and management of challenging behaviour.
- Providing therapeutic intervention for emotional difficulties for patients and their families
- Providing training and consultation to the multidisciplinary team.
- Design and implementation of service development projects.
- Development of neuropsychological aspects of community stroke pathway and provision of clinical neuropsychology sessions to community disability services across Northumberland.
- Provision of clinical neuropsychology services, including training, supervision and consultancy to psychiatrists in mental health services in Northumberland, both to acute and long stay psychiatric wards at St George's and in the community.
- Lecturing in Clinical Neuropsychology on the Doctorate in Clinical Psychology course at Newcastle University

1992-1994

George's Hospital Morpeth/ Prudhoe Hospital

Clinical Psychologist in Secondary mental health services/Primary Care (S.E. Northumberland locality)

Clinical Psychologist in Learning Disability (Adults, community services)

Dr Goody's Duties Included:

- Providing clinical services to adult mental health services including clinical psychology assessment and therapy, predominantly using Cognitive Behavioural Therapy.
- Providing clinical services to adults with learning disability in the community, including individual assessment and therapy and work with families and carers. Extensive use of specialised behavioural assessment and treatments, eg positive behavioural support, analogue assessments, intensive accelerated learning support programmes etc.

1990 - 1992

***The University of Newcastle,
Newcastle upon Tyne***

Trainee Clinical Psychologist

1989 – 1990

Sanderson Centre, Newcastle

Psychology Technician, Learning Disability services

Additional Information:

- Full-enhanced CRB clearance
- Personal professional indemnity insurance
- Clean driver's license
- Experience of working with an interpreter