

# Dr Kate Gething

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## Professional Profile

- A Clinical Psychologist with substantial experience in working with children, young people and their families
- Experience in working with neuropsychological difficulties, acquired brain injury, developmental difficulties and chronic health conditions
- Post qualification training in Child Neuropsychology

## Employment History

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<b>Principal Clinical Psychologist</b>	<b>RVI- Newcastle Hospitals Trust</b>	<b>January 2013- present</b>
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Working within the paediatric psychology department at the Royal Victoria Infirmary in Newcastle-upon-Tyne, I am responsible for developing the provision of psychological services for children and young people who have diabetes.

Major roles in post:

- Provide evidence based and child focused psychologically therapeutic interventions
- Utilise the psychoanalytic theoretical knowledge gained from specialist case supervision.
- Employ post qualification training in Cognitive Behavioural Therapy
- Experience and use of systemic, solution focused and narrative techniques
- Neuropsychological assessment of children with cognitive side effects of diabetes
- Undertake complex systemic/family assessment and interventions
- Contribute to the learning of others, providing training placements and supervision for junior colleagues
- Offer debrief to staff for significant or critical events

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<b>Highly Specialist Clinical Psychologist</b>	<b>Southend Hospital- South Essex Partnership Trust</b>	<b>Jan 2010 – Dec 2012</b>
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Worked in a paediatric psychology service in South Essex Partnership NHS foundation providing care for all children and young people who experienced distress as a result of a chronic health condition. 3 core conditions Diabetes, Cystic Fibrosis and Oncology.

- Offered clinical and neuropsychological assessment and interventions for children.
- Managed a general paediatric case load (incorporating for example, Cardiac, Rheumatology, Epilepsy, etc), the referrals for which I managed for both Basildon and Southend Hospitals.
- Offered expert assessment, formulation and interventions in outpatient and inpatient settings.
- Offered supervision and management to junior Paediatric Clinical Psychologists
- Provide a specialist training placement for The University of Essex.

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<b>Specialist Clinical Psychologist</b>	<b>Tier 3 CAMHS- South Essex Partnership Trust</b>	<b>Oct2007 – Jan 2010</b>
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I was part of the MDT in a Behavioural Assessment and Management clinic, providing joint assessment and intervention with a consultant paediatrician- specialising in assessing ADHD/ASD and providing planned interventions for home and school life. In addition I worked within the general Child and Adolescent Mental Health team.

- Offered specialist in-depth assessment for children and young people with severe, complex and enduring mental health needs.
- Assessments were with family members, the child or adolescent and took the form of one-to-one or multiple family members being present.
- Assessments resulted in reports detailing findings and formulating a description of the presenting concerns with recommendations for further treatment interventions.
- Provided a specialist assessment service using psychometric and neuropsychological test batteries as required.
- Interventions which utilised cognitive-behavioural, psychodynamic and systemic perspectives.

