

CURRICULUM VITAE: DR JENNA MOFFITT (NÉE ROBSON)

HIGHLY SPECIALIST CLINICAL PSYCHOLOGIST

NORTH EAST MEDICO-LEGAL PSYCHOLOGICAL SERVICES LTD.

HCPC number: PLY28678 British Psychological Society Chartered Psychologist and Division of
Neuropsychology (full member) number: 349377

I am a HCPC and BPS registered psychologist specialising in adult mental health, neuropsychology and neuro rehabilitation. I work in the NHS and in private practice.

I have developed skills and experience in: neuropsychological assessment, capacity assessment, mental health assessment and rehabilitation, therapy, leadership, training, and audit/research. In my current NHS post I provide the majority of input to the neurorehabilitation inpatient service. I work in a busy neuropsychology service where I conduct assessment, rehabilitation, and therapy with patients with neurological difficulties on a daily basis. Prior to this role, I was the sole psychologist responsible for assessment and therapy in two community mental health teams (psychosis and affective disorders). In addition to my Doctorate in Clinical Psychology, I have further training in Clinical Neuropsychology, Excellence in Report Writing (Bond Solon), Emotion Focused Couples Therapy, Behavioural Family Therapy, Dialectical Behaviour Therapy Skills group training, Cognitive Behaviour Therapy, Acceptance and Commitment Therapy, Applied Behaviour Analysis, and Motivational Interviewing.

EMPLOYMENT HISTORY

Managing Director, NEML Psychological Services

Jan 2015-Current

NEML Psychological Services Ltd.

I am the director of North East Medico-Legal Psychological Services Ltd. I provide psychological, neuropsychological, and capacity assessment reports in the areas of medical negligence, accidents, and personal injury for a range of solicitors and case management companies. I also provide psychological treatment and neurorehabilitation interventions for clients who have experienced personal injury.

Highly Specialist Clinical Psychologist, Neuro-rehabilitation and Neuropsychology Aug 2013- current

Neuropsychology Service, South Tees Hospitals NHS Foundation Trust

I work on an acute brain injury inpatient ward and in an outpatient neuropsychology clinic. My role involves delivering individual therapy, couples therapy, group work, neuropsychological assessment and neuro-rehabilitation. I work in a busy clinic setting and complete neuropsychological and psychological assessments and therapy everyday as part of my clinical practice. The role involves leadership responsibilities, audit, research, supervision, and multidisciplinary working. Related to this role I am an honorary lecturer in Neuropsychology in Newcastle and Teesside University, providing teaching to the local clinical psychology doctorate courses.

I provide the majority of the neuropsychology input to the neuro-rehabilitation inpatient ward. This involves providing psychological therapy, cognitive assessment, cognitive rehabilitation, assessment and management of behaviour, family support and staff support. I hold key worker responsibilities for complex patients. I supervise trainees and assistants working into this service. The role involves a lot of multi-disciplinary working and consultation with other professionals.

I conduct capacity assessments and provide advice to other professionals about capacity several times a week. This includes complex assessments where patients have sustained a traumatic head injury, stroke, or have other neurological conditions (including dementia). I have completed assessments of patient's capacity to manage finances, decline care packages, sign power of attorney documents, engage in risky behaviours (e.g. gambling), engage in relationships (e.g. domestic abuse cases where one of the party has a neurological condition), self discharge against medical advice and capacity to consent to medical treatment. I contributed to the national Law Commission review of the Deprivation of Liberty Safeguards.

I also provide outpatient neuropsychology and neuro-rehabilitation interventions. This includes couples therapy, complex return to work assessments for neuro-rehabilitation patients, and neuropsychological assessment for

neurology outpatients. I was also the joint principle investigator for a project evaluating a community memory based intervention, on behalf of Nottingham Clinical Trials Unit (an NIHR portfolio study and a UK wide RCT) for patients with TBI and memory difficulties. I supervised a trainee psychologist completing her thesis on patient experiences of Guillain-Barré syndrome.

I have leadership responsibilities both on the inpatient ward and in the neuropsychology department. On the ward I chaired the therapy staff meeting (where many decisions about ward changes and running are made) and I regularly chaired complex patient goal planning meetings and case conferences. In the neuropsychology department, I was the governance lead - I chaired the governance meeting and was directly involved in/or supported colleagues with service development projects such as: developing approaches and materials for neuropsychology patient feedback, good practice in report writing, and improving department practice in psychometrics. I provided peer supervision/neuropsychology and neuro-rehabilitation support to health psychologists.

Clinical Psychologist, Secondary Care Psychosis Team

Sept 2012- Sept 2013

Psychosis Team, Tees Esk and Wear Valleys NHS Foundation Trust (P/T)

Working as the sole psychologist in a psychosis team, the role involved developing a new psychology service, delivering individual therapy for people with psychosis and bipolar disorder, recovery focused group work, family work, supervision of other professions, and multidisciplinary working. I was also involved actively in research. This post gave me valuable experience in assessing and treating severe and enduring mental health problems.

Clinical Psychologist, Secondary Care Community Affective Disorders Team

Sept 2012- August 2013

Affective Disorders Team, Tees Esk and Wear Valleys NHS Foundation Trust (P/T)

This involved delivering individual therapy for people with affective and personality disorders, dialectical behaviour therapy based group work, family work, supervision of other professions, and multidisciplinary working.

Trainee Clinical Psychologist, NTW NHS Foundation Trust

Sept 2009- Sept 2012

Doctorate in Clinical Psychology, Northumberland Tyne and Wear NHS Foundation Trust (NTW NHS)

I completed core placements in child mental health, adult mental health, older adults and memory assessment services, and learning disability services. Elective placement: working in child and adolescent cancer and bone marrow transplants, with a long term case using psychodynamic approaches with a patient under the care of a community mental health team. Thesis: evaluating a new CBT treatment for early intervention in Psychosis patients. I collaborated with the Durham University Hearing the Voice project on areas related to my doctoral research. This included presenting at a Wellcome Trust event (July 2014), collaborating on the development of a pilot iPad version of a hearing voices manual, and preparing research publications.

Assistant Psychologist, Community Psychology

July 2008- Sept 2009

Community Psychology Service, NTW NHS Foundation Trust

Under the supervision of a clinical psychologist, I provided assessment, formulation, and low intensity psychological intervention to inpatients in an adult mental health ward.

Assistant Psychologist, Acute Adult Mental Health Inpatient Service

Jan 2008-July 2008

NTW NHS Foundation Trust

Under the supervision of a clinical psychologist, I provided assessment, formulation, and low intensity psychological intervention to inpatients in an adult mental health ward.

Trainee Forensic Psychologist, High Security, Substance Misuse Specialty

March 2006 – Dec 2007

Psychological Services, HM Prison Service

My role was to deliver cognitive behaviour therapy based group work to high security prisoners whose substance misuse was linked to their offending. The role also involved psychological assessment and forensic risk reports, to inform decisions about treatment, risk, and security status.

QUALIFICATIONS

Glasgow University

P.G. Diploma in Clinical Neuropsychology**2013-2016**

Passed with Merit

Newcastle University

Doctorate in Clinical Psychology**2009-2012**

Passed with Distinction

University of York

P.G. Certificate level modules in Applied Forensic Psychology**2004-2005**

Passed

University of Wales, Bangor

P.G. Certificate in Applied Behaviour Analysis**2002-2003**

Passed with Distinction

University of Wales, Bangor

BSc in Psychology**1999-2001**

Passed with 2:1

FURTHER TRAINING COURSES AND AWARDS

Excellence in Report Writing (Bond Solon)

Jan 2016

Emotion Focused Couples Therapy Externship

Nov 2015

Acceptance Commitment Therapy training, Edinburgh University

April 2014

Behavioural Family Therapy, TEWV NHS Trust

Jan 2013

Dialectical Behaviour Therapy Skills Group Training, TEWV NHS Trust

Feb 2013

Award: Mental Health Promotion in the Community, Mental Health First Aid England

Sept 2009

Mental Health First Aid Instructor, Mental Health First Aid England

Aug 2008

Motivational Report Writing, HM Prison Service

April 2007

Advanced Role Play, HM Prison Service

Jan 2007

Motivational Interviewing, HM Prison Service

Oct 2006

Cognitive Behaviour Therapy for Substance Misuse Groups, HM Prison Service

Sept 2006

PUBLICATIONS AND CONFERENCE PAPERS

Moffitt, J., Freeston, M., Bruce, V., Smailes, D., Dodgson, G. (in preparation) Tailoring CBT to Specific Subtypes of Auditory Verbal Hallucinations. *Journal of Clinical Psychology*.

Bell, K., Summers, A., Hill, G., Moffitt, J. (in preparation) Patient experience of Guillain-Barré syndrome: a grounded theory analysis. *Neuropsychological Rehabilitation*.

Collinson, R., Evans, S., Wheeler, M., Brechin, D., Moffitt, J., Hill, G. & Muncer, S. (2017) Confirmatory factor analysis of WAIS IV in a clinical sample: examining a bifactor model. *Journal of Intelligence*, 5 (1), doi: [10.3390/jintelligence5010002](https://doi.org/10.3390/jintelligence5010002)

Moffitt, J., Bostock, J., & Cave, A. (2014) Promoting well-being and reducing stigma about mental health in the fire service. *Journal of Public Mental Health*, 13 (2).

Robson, J. & Bostock, J. (2010) Northumberland Pilot Study: Evaluation of Mental Health First Aid Training for Flood Recovery Workers. *Mental Health First Aid, England*. Downloaded 29.08.2014 from: <http://mhfaengland.org/evaluation-and-research/northumberland-evaluation-mhfa-training-flood-recovery-workers/>

Robson, J. & Quayle, G. (2009) Increasing the utility of psychological formulation: A case example from an acute mental health ward. *Clinical Psychology Forum*, 204, December 2009.