



DR JENNA MOFFITT

CLINICAL PSYCHOLOGIST

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EDUCATION

PG Certificate (Postgraduate Certificate) Clinical Neuropsychology Practice – University of Bristol: To be finished in 2019

PGDip Clinical Neuropsychology - Glasgow University (2016)

Doctorate in Clinical Psychology - Newcastle University (2012)

PGCert Applied Forensic Psychology - University of York (2005)

PGCert Applied Behaviour Analysis - University of Wales (2003)

BSc Psychology - University of Wales (2001)

PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

British Psychological Society Chartered Psychologist and Division of Neuropsychology (full member) number: 349377

Excellence in Report Writing (Bond Solon)

Emotion Focused Couples Therapy Externship

Acceptance Commitment Therapy training

Behavioural Family Therapy, TEWV NHS Trust

Dialectical Behaviour Therapy Skills Group Training, TEWV NHS Trust

Award: Mental Health Promotion in the Community, Mental Health First Aid England Sept 2009

Mental Health First Aid Instructor, Mental Health First Aid England Aug 2008

Motivational Report Writing, HM Prison Service

Advanced Role Play, HM Prison Service

Motivational Interviewing, HM Prison Service

Cognitive Behaviour Therapy for Substance Misuse Groups, HM Prison Service

EMPLOYMENT HISTORY

NeuroCog Consultant

(Dates)

- Adult Work
- Experience with challenging behavior
- Neuropsychological rehabilitation/therapy and trauma assessment
- Expert Witness reports
- Mental Capacity reports

Managing Director, NEML Psychological Service

(2015-present)

- Provide psychological, neuropsychological, and capacity assessment reports in the areas of medical negligence, accidents, and personal injury for a range of solicitors and case management companies.
- Provide psychological treatment and neurorehabilitation interventions for clients who have experienced personal injury.

Highly Specialised Clinical Psychologist, Neuro-rehabilitation and Neuropsychology

(2013-present)

- Provision of neuropsychology on an acute brain injury inpatient ward and an outpatient neuropsychology clinic
- Delivering individual therapy, couples therapy, group work, neuropsychological assessments and neurorehabilitation.
- Leadership responsibilities, audits, research, supervision and multidisciplinary teamwork.
- Honorary lecturer at Newcastle and Teeside Universities teaching on the clinical psychology doctorate courses.
- Assessment and management of behaviour and providing family and staff support.
- Key worker responsibilities for complex patients.
- Supervision of trainee clinical psychologists and assistant psychologists.
- Conducting capacity assessments and advice regarding capacity to other professionals. Capacity assessments have included capacity to manage finances, decline care packages, sign power of attorney documents, engage in risky behaviours, self-discharge against medical advice and consent to medical treatment.
- Contributed to the national Law Commission review of Deprivation of Liberty Safeguards.
- Joint principle investigator for a project evaluating a community-based intervention, on behalf of Nottingham Clinical Trial Unit for patients with TBI and memory difficulties.
- Chaired therapy staff meetings and goal planning meetings.
- Peer supervision for health psychologists.

Clinical Psychologist, Secondary Care Psychosis, Tees Esk and Wear Valleys NHS Foundation Trust

(2012-2013)

- Working as the sole psychologist in a psychosis team, the role involved developing a new psychology service, delivering individual therapy for people with psychosis and bipolar disorder, recovery focused group work, family work, supervision of other professions, and multidisciplinary working.
- Active involvement in research.

Clinical Psychologist, Secondary Care Community Affective Disorders, Tees Esk and Wear Valleys NHS Foundation Trust

(2012-2013)

- Delivering individual therapy for people with affective and personality disorders,
- Dialectical behaviour therapy-based group work
- Family work
- Supervision of other professions
- Multidisciplinary working.

Trainee Clinical Psychologist, Northumberland Tyne and Wear NTW NHS Foundation Trust

(2009-2012)

- Placements in child mental health, adult mental health, older adults and memory assessment services, and learning disability services.
- Elective placement: working in child and adolescent cancer and bone marrow transplants, with a long-term case using psychodynamic approaches with a patient under the care of a community mental health team.
- Thesis: evaluating a new CBT treatment for early intervention in Psychosis patients. I collaborated with the Durham University Hearing the Voice project on areas related to my doctoral research. This included presenting at a Wellcome Trust event (July 2014),
- Collaborating on the development of a pilot iPad version of a hearing voices manual, and preparing research publications

Assistant Psychologist, Community Psychology Service, NTW NHS Foundation Trust

(2008-2009)

- Under the supervision of a clinical psychologist, I provided assessment, formulation, and low intensity psychological intervention to inpatients in an adult mental health ward.

Assistant Psychologist, Acute Adult Mental Health Inpatient Service, NTW NHS Foundation Trust

(2008)

- Under the supervision of a clinical psychologist, I provided assessment, formulation, and low intensity psychological intervention to inpatients in an adult mental health wards

Trainee Psychologist, High Security HM Prison Service

(2006-2007)

- Delivering cognitive behaviour therapy-based group work to high security prisoners whose substance misuse was linked to their offending.
- Psychological assessment and forensic risk reports, to inform decisions about treatment, risk, and security status.

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