



# DR KATE GETHING

CLINICAL PSYCHOLOGIST (CHILD NEUROPSYCHOLOGY)

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0191 226 7966

## EDUCATION

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**Doctorate in Clinical Psychology (DClinPsych)** – University of East London: 2007

**BSc (Hons) in Psychology** – University of Northumbria: 2001

## PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

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Child Clinical Neuropsychology Part 1 & 2

CBT Bootcamp – From Chaos to Clarity: Collaborative Case Conceptualisation

Specialist Psychoanalytic Case Supervision

## EMPLOYMENT HISTORY

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### **NeuroCog Consultant**

*(2014-present)*

- Working with children, families, support teams and other healthcare professionals as part of a multidisciplinary team
- Child focused psychotherapy, trauma focused therapy, neuropsychological assessment, neuropsychological rehabilitation, management of challenging behaviour

### **Principal Clinical Psychologist, Royal Victoria Infirmary**

*(2013-present)*

- Provide evidence based and child focused psychologically therapeutic interventions
- Utilise the psychoanalytic theoretical knowledge gained from specialist case supervision.
- Employ post qualification training in Cognitive Behavioural Therapy
- Experience and use of systemic, solution focused and narrative techniques
- Neuropsychological assessment of children with cognitive side effects of diabetes
- Undertake complex systemic/family assessment and interventions
- Contribute to the learning of others, providing training placements and supervision for junior colleagues
- Offer debrief to staff for significant or critical events

### **Highly Specialist Clinical Psychologist, Southend Hospital, South Essex Partnership Trust**

*(2010-2012)*

- Offered clinical and neuropsychological assessment and interventions for children
- Managed a general paediatric case load (incorporating for example, Cardiac, Rheumatology, Epilepsy, etc), the referrals for which I managed for both Basildon and Southend Hospitals
- Offered expert assessment, formulation and interventions in outpatient and inpatient settings
- Offered supervision and management to junior Paediatric Clinical Psychologists
- Provide a specialist training placement for The University of Essex

**Specialist Clinical Psychologist, Tier 3 CAMHS, South Essex Partnership Trust**

*(2007-2010)*

- Offered specialist in-depth assessment for children and young people with severe, complex and enduring mental health needs
- Assessments were with family members, the child or adolescent and took the form of one-to-one or multiple family members being present
- Assessments resulted in reports detailing findings and formulating a description of the presenting concerns with recommendations for further treatment interventions
- Provided a specialist assessment service using psychometric and neuropsychological test batteries as required
- Interventions which utilised cognitive-behavioural, psychodynamic and systemic perspectives

**Assistant Psychologist (Neurological Rehabilitation), Northgate and Prudhoe NHS**

*(2003-2004)*

- Provided neuropsychological assessment for adults with identified cognitive difficulties due to neurological conditions and traumatic brain injury
- Offered structured rehabilitation strategies to accommodate and compensate for identified cognitive difficulties and enable and maximise independence for the client

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