



# DR KATHLEEN HASS

CLINICAL PSYCHOLOGIST

[enquiries@neurocog.co.uk](mailto:enquiries@neurocog.co.uk)

0191 226 7966

## EDUCATION

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**Doctorate in Clinical Psychology**, Teesside University: 2012

**MSc Occupational Psychology**, Northumbria University: 2005

**BSc (Hons) Psychology**, Newcastle University: 2000

## PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

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Registered with Health and Care Professions Council (PYL29264)

Chartered member of British Psychological Society (197050)

Experience of a range of Expert Witness and legal assessments

EMDR Accredited Training (Parts 1, 2 & 3), 2016, EMDR Academy

Dialectical Behaviour Therapy (DBT), 2014, British Isles DBT Training Team

4 Day Accredited Supervisor Training, 2014, Teesside University

Acceptance Commitment Therapy (ACT) Training, 2018, Russ Harris Online course

## EMPLOYMENT HISTORY

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### **Clinical Psychologist, NeuroCog**

*(2019 - Present)*

- Working with adults, children and families
- Learning difficulties
- Challenging behaviour
- Trauma assessment and therapy
- Mental Capacity reports

### **Clinical Psychologist, Private Practice, Newcastle**

*(October 2015 - Present)*

- Offering a range of psychological assessment and therapy services to clients with a variety of mental health problems, including anxiety, depression, and trauma
- Expert Witness services

### **Clinical Psychologist (Band 8a), Pulse Agency, Sunderland and South Tyneside Children and Young People's Service, NTW NHS Trust**

*(2015 - 2016)*

- Provided individual and family based-therapy as appropriate

- Liaised with Social Services when working with children within the care system or Under Child Protection or Child in Need plans
- Worked systemically with children, their families, schools and other professionals
- Contributed to ASD and ADHD assessments
- Provided assessment and therapy for children with Learning Disabilities
- Supervised Assistant Psychologists
- Contributed to MDT meetings

**Clinical Psychologist (Band 8a)** Community Learning Disabilities Team, Northumbria Healthcare NHS Foundation Trust  
(2014 - 2015)

**Clinical Psychologist (Band 7),** Community Learning Disabilities Team, Northumbria Healthcare NHS Foundation Trust  
(2012-2014)

- Displayed ability to adapt psychological models and approaches in accordance with each client's specific physical and mental health problems, their social situation and ability to engage with and understand a therapeutic structure
- Administered and provided feedback for formal psychometric assessments
- Provided clinical supervision for Assistant Psychologists
- Provided consultancy, informal supervision, teaching and training for members of the MDT
- Provided consultancy and advice for staff working with complex clients in residential settings, e.g., clients diagnosed with borderline personality disorder or other complex presentations
- Designed and facilitated psycho-educational and therapeutic groups
- Carried out service evaluations/audits

**Clinical Psychologist (Band 7),** Health Psychology Service, Northumbria Healthcare NHS Foundation Trust  
(2012 - 2013)

- Worked across inpatient, outpatient and community settings with clients with COPD and complex mental and physical health needs
- Gained invaluable experience of working with a mainly older adult client group, and developed my understanding of the effects of severe physical health problems upon mental health and functioning in general
- Provided psycho-educational teaching to clients with COPD
- Developed accessible psycho-educational materials for clients to assist them with managing their COPD
- Provided teaching and consultation to ward-based healthcare professionals

**Trainee Clinical Psychologist (Band 6),** Tees, Esk & Wear Valleys NHS Foundation Trust  
(2009 - 2012)

- Gained extensive experience in psychological assessment, formulation and interventions across a range of client groups and different settings, including:
  - Community adult secondary care mental health service
  - Community CAMHS
  - Community learning disabilities service
  - Community and inpatient older adults psychology service
  - Psychology service within a hospital occupational health department
  - Health psychology within a cancer treatment service
- Developed skills in the use of CBT, CAT, systemic and psychodynamic theories
- Designed and undertook a substantial piece of research, which I presented at conferences

- Developed high level quantitative and qualitative research skills

**Assistant Psychologist (Band 4), Adult Mental Health, NTW NHS Trust**

*(2007 - 2009)*

- Planned, delivered and evaluated CBT-informed teaching to people with an obese body mass index.
- Improved my presentation, teaching and organisational skills.
- Gained experience of one-on-one therapeutic work under the supervision of Clinical Psychologists.

**Assistant Psychologist (Band 4), Early Intervention in Psychosis Service, NTW NHS Trust**

*(2007 - 2007)*

- Worked as part of a MDT carrying out assessments and providing support to clients and families in acute psychological distress
- Worked with clients in inpatient and outpatient settings
- Co-authored a paper evaluating the effectiveness of the service

**Assistant Psychologist (Band 5), Community Learning Disabilities Team, Gateshead NHS Trust**

*(2007 - 2007)*

- Gained experience of providing psychological interventions to clients and families with learning disabilities in a community setting.
- Became more aware of the effects of the wider social setting upon an individual's presentation, including social exclusion, financial constraints, physical health problems and family dynamics.

**Assistant Psychologist (Band 4), PACE Psychosis Research Project, Northumberland, Tyne & Wear NHS Trust**

*(2006 - 2007)*

- Collected, input, managed and analysed data on all first-episode psychosis in Northumberland.
- Displayed a high standard of research and statistical skills.
- Displayed effective interpersonal skills, and the ability to collaborate with colleagues to produce research publications.
- Lead author on three publications and co-author on one publication.

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