



DR SALLY ASKEY-JONES

CLINICAL PSYCHOLOGIST

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EDUCATION

Doctor of Clinical Psychology – Newcastle University: 2018

Postgraduate Certificate in Teaching for Health Professionals – King’s College London: 2013

Psychology (MSc) – University of East London: 2011

Diploma, Cognitive Behaviour Therapy – Goldsmiths, University of London: 2008

Nursing (Hons) – University of Manchester: 2003

PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

Registered HCPC Practitioner Psychologist: Registration Number: PYL35519

EMPLOYMENT HISTORY

Clinical Psychologist, NeuroCog

(2019-present)

- Adult work
- Psychological adjustment to injury or illness
- Trauma assessment & therapy
- Management of challenging behaviour
- Neuropsychological rehabilitation/therapy
- Mental Capacity reports

Clinical Psychologist, Memory & Later Life Service

(2017-present)

- Neuropsychological assessment to support diagnosis of dementia and differential diagnosis.
- Talking therapies to patients experiencing mental distress alongside cognitive impairment or older adult related needs.
- Provision of supervision to staff working into care homes for patients who are experiencing behaviours that challenge or functional mental health needs and indirect and direct work with care homes.
- Provision of training about the brain and the impact neuropsychological insults can have on behaviour to care home staff.
- Provision of formulation sessions to allied health professionals.
- Provision of supervision to Liaison Mental Health Nurses.

- I am currently in the process of developing the complex care pathway to focus on trauma informed care and the utilization of structured clinical management within the pathway. This will involve training staff in awareness of trauma and personality difficulties, supporting training in structured clinical management and providing regular supervision to staff utilising the approach. The plan is for this approach to be evaluated within the service to establish its effectiveness in older adults with complex care needs.

Training Clinical Psychologist, Newcastle University

(2014-2017)

- I undertook the three-year Doctorate in Clinical Psychology at Newcastle University. I completed core placements in child, adult, learning disabilities and Older Adults before completing an elective year in an adult mental health setting. My thesis focused on Intolerance of Uncertainty within Social Phobia utilizing single case experimental design.

First Step, Triage Practitioner

(2014-2017)

- Provision of phone assessment to people seeking treatment from an Improving Access to Psychological Treatment (IAPT) service in Cumbria.

Nurse Tutor, Kings College London

(2011-2013)

- Responsibilities included provision of teaching to undergraduate student nurses and to qualified nurses on a variety of curriculum related subjects such as anatomy and physiology, political issues, mental health, psychopharmacology, mindfulness.

Psychiatric Nurse, Lambeth Early Onset Community Mental Health

(2004-2006)

- Community Psychiatric Nurse responsible for a caseload of patients with early onset psychosis. Responsibilities include monitoring of mental state, monitoring of medication concordance, engagement with clients using psychosocial interventions, provision of smoking cessation guidance and treatment.

Psychiatric Nurse, Community Mental Health Team, CNWL NHS Trust

(2017-present)

- Community Psychiatric Nurse responsible for a caseload of patients with severe and enduring mental illness. Responsible for monitoring mental state, monitoring medication concordance and administration of depot medication. Responsible for running a depot clinic and administering depot medication to a wide range of patients. Provision of psychosocial interventions to patients, involved in the triage service and duty service.

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