



DR FIONA HIRST

CONSULTANT CLINICAL PSYCHOLOGIST
(NEUROPSYCHOLOGY)

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0191 226 7966

EDUCATION

Doctor of Clinical Psychology – University of Surrey: 1999

Master of Clinical Psychology – Newcastle University: 1988

BSc Psychology – University of Durham: 1984

PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

Dialectical Behaviour Therapy (DBT), part 2

The Empowerment Behavioural Management Approach (EBMA) for challenging behaviours in brain injury neurorehabilitation

Eye Movement Desensitisation and Reprocessing (EMDR)

The Decider

Dialectical Behaviour Therapy (DBT), part 1

National Eating Disorder Training for CEDS

Safeguarding and Child protection

Paediatric Neuropsychology

Preparing & presenting evidence in a courtroom or tribunal setting

Systemic Family Therapy

Cognitive Behaviour Therapy

PASS & Framework for Accomplishments

Chartered member of the British Psychological Society, Membership number 21319

Health & Care Professions Council, Registered Practitioner Psychologist, Number PYL15328

EMDR Association United Kingdom and Ireland

EMPLOYMENT HISTORY

NeuroCog Consultant

(2018 - present)

- Neuropsychological assessment and rehabilitation/therapy

- Adult, child and family work
- Experience with learning difficulties and challenging behaviour
- Neuropsychological rehabilitation and therapy, trauma assessment and therapy
- Expert Witness reports
- Mental Capacity reports
- Sports concussion

Neuropsychologist, Community Acquired brain Injury Rehabilitation Service, Cumbria Partnership NHS Foundation Trust

(2018 – present)

- Provision of psychological assessment, formulation and intervention
- Specific role in neurobehavioural assessment and advice for rehabilitation
- Therapeutic work in rehabilitation, psychological adjustment and carer and family interventions
- Contribution to multidisciplinary service including advice and co-working with other therapists and practitioners, participation in the team and business meetings and activities, consultation and supervision on clients' psychological care
- Contribution to multi-agency discussions, case reviews and consultations, liaison with professionals from other agencies

Clinical Psychologist, Community Child and Adolescent Mental Health Service, Cumbria Partnership NHS Foundation Trust

(2015-2018)

Consultant Clinical Psychologist (Paediatrics), Head of Community and Paediatric Psychology, Norwich Primary Care Trust

(1999-2003)

- Community Child Development Services
- In-patient and out-patient paediatric psychology and neuropsychology

Consultant Clinical Psychologist, Self-employed

(1997-2011)

- Psychology assessment service for child care court proceedings

Principal Clinical Psychologist (Child and Family), South London & Maudsley NHS Trust

(1996-1999)

- Mental health services for people with HIV

Senior Clinical Psychologist, Kingston & District Health Trust,

(1993-1996)

- Child and family psychology services
- Adult learning disability services

Basic Grade Clinical Psychologist, Southwest Durham Health Authority

(1988-1989)

- Specialist placements in neuropsychology and health psychology

Psychology Technician (Assistant), Blackburn, Hyndburn & Ribble Valley District Health Authority

(1985-1986)

- Learning disability services

House parent (residential care worker), Durham County Council
(1984-1985)

- Residential children's services

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