



HUW WILLIAMS

TRAINEE CLINICAL PSYCHOLOGIST

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EDUCATION

Doctorate in Clinical Psychology, Teesside University (September 2020 – present)

MSc Foundations in Clinical and Health Psychology (Merit), Newcastle University: 2017

BSc Psychology (First Class Honours), Edge Hill University: 2016

PROFESSIONAL QUALIFICATIONS, MEMBERSHIPS AND TRAINING

Cognitive Stimulation Therapy Training Day, Dementia Pathfinders

Introduction to Acceptance and Commitment Therapy, Lancaster University

Acceptance & Commitment Therapy for Physical Health Problems: Advanced

EMPLOYMENT HISTORY

Trainee Clinical Psychologist, Tees, Esk and Wear Valleys NHS Foundation Trust
(2020 – present)

Clinical Placements:

HIV Psychology Service, Health Psychology (Royal Victoria Infirmary)
(Oct 2022 – Present)

- Working within a multidisciplinary team in the HIV psychology service
- Using Cognitive Analytic Therapy with patients with mental health difficulties related to their diagnosis of HIV
- Providing neuropsychological assessment in patients with suspected HIV-related cognitive impairment or HIV Dementia.
- Inpatient working in Health Psychology providing input to wards with patients who are struggling with their mental health because of their physical illness and inpatient admission.

North Durham Child and Adolescent Mental Health Service (Derwentside Child and Family Centre)
(April 2022 – Sep 2022)

- Working within a multidisciplinary team in a community CAMHS team

- Providing therapy using models including CBT, CAT, and systemic approaches for various mental health difficulties.
- Assessment of challenging behaviour and implementation of Positive Behavioural Support Plans
- Conducting sleep assessments.
- Using systemic approaches to provide indirect work with family and carers, and wider consultation with members of the MDT
- Neuropsychological assessment in young people and provision of neuropsychological reports
- Co-leading a CBT-informed Anxiety and ASD group
- Service evaluation and research
- Supervision of Assistant Psychologists

North Locality Learning Disabilities Integrated Team (Chester-Le-Street Health Centre)
(Oct 2021 – April 2022)

- Working within a multidisciplinary team in a community Learning Disability service.
- Providing integrated and trauma-informed therapy to individuals with a learning disability.
- Using systemic approaches to provide indirect work with family and carers and wider consultation with members of the MDT.
- Neuropsychological assessment and diagnosis of Learning Disability.
- Joint work with physiotherapists and other professionals.
- Dementia assessments in individuals with Down's Syndrome.
- Provision of neuropsychological reports.

Adult Mental Health - Living Well With Pain Team (Northumbria Healthcare Trust)
(April 2021 – Sep 2021)

- Working within a joint-led psychology and physiotherapy pain management team.
- Providing pain psychoeducation and therapy primarily using Compassion Focused Therapy and Acceptance and Commitment Therapy.
- Co-leading a Compassion Focused Therapy chronic pain group.
- Providing initial assessments for patients with chronic pain.
- Service evaluation and research.

Mental Health Services for Older People (West Park Hospital & Auckland Park Hospital)
(October 2020 – April 2021)

- Working within a multidisciplinary team in community MHSOP with patients on the organic and functional mental health pathways. Multidisciplinary team working within inpatient dementia wards.
- Neuropsychological assessment of older adults with suspected dementia and leading diagnostic appointments following assessment.
- Conducting Young-Onset Dementia assessments in adults under 65.
- Provision of neuropsychological reports
- Provision of CBT and IPT-informed therapy with patients with functional mental health problems.
- Development, implementation, and evaluation of behavioural support plans for behavioural and psychological symptoms of dementia on organic inpatient wards.
- Leading formulation meetings with MDTs and families to inform behavioural support plans.
- Service evaluation and research

Assistant Psychologist, The Bridge Neurological Rehabilitation and Complex Care Centre
(2020)

- Working within a multidisciplinary team in a local neurorehabilitation unit 3 days a week
- Providing assessment of complex cognitive, behavioural, and emotional difficulties to patients following neurological injury/illness and other life-changing events.
- 1:1 rehabilitation of cognitive difficulties using compensatory strategies and cognitive retraining
- Development, implementation, and evaluation of positive behavioural support programmes to manage challenging behaviour
- Provision of neuropsychological reports
- Supporting family and Healthcare Assistants to provide the highest standard of care for patients.
- Management of psychological adjustment to neurological illness and injury for patients and family
- Assessment of mood, pain and communication in patients with prolonged disorders of consciousness (PDOC)

Assistant Psychologist, NeuroCog
(2017 - 2020)

- Assisting with the preparation of expert witness reports
- Preparing reports detailing rehabilitation potential
- Neuropsychological assessment with clients that have suffered neurological injury/illness
- 1:1 rehabilitation of cognitive difficulties using compensatory strategies and cognitive retraining

- Development, implementation, and evaluation of positive behavioural support programmes to manage challenging behaviour
- Provision of return to riding assessments following concussion for amateur and professional jockeys in the Northeast of England
- Provision of sports concussion assessments for local amateur and professional sports teams
- Research work

Assistant Psychologist, NeuroCog (Hawthorns Rehabilitation Unit)

(2017 - 2020)

- Working within a multidisciplinary team in a local neurorehabilitation unit 2 and a half days a week
- Providing assessment of complex cognitive, behavioural and emotional difficulties to patients following neurological injury/illness
- Developing programmes for cognitive rehabilitation and management of challenging behaviour with clients.
- Working with family and support workers of clients
- Provision of neuropsychological reports
- Working as a part of a team that has brought practice up to recommended clinical guidelines in the management of patients with prolonged disorders of consciousness (PDOC)
- Assessment of mood, pain and communication in patients with prolonged disorders of consciousness
- Leading a Cognitive Stimulation therapy group with patients with significant impairment following neurological illness/injury
- Rehabilitation of cognitive difficulties using compensatory strategies and cognitive retraining
- Management of psychological adjustment to neurological illness and injury
- Assisting with service development by implementing standard outcome measures used within neurorehabilitation

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